

**Afroza Begum**  
hygienist/ therapist

Afroza qualified as a Dental Therapist and Dental Hygienist at the Eastman Dental Hospital in 2008 and has been working happily since qualifying. Afroza has undergone training at the Worlds Aesthetic Congress for a teeth whitening course and is competent to carry out in house teeth whitening. Afroza has been dealing with anxious, dental phobic patients, patients with gum disease and has successfully treated these patients with them returning for a follow up visit. As part of her continuing professional development Afroza attends regular training sessions and prides herself with keeping up with Dental Updates at all time.

Outside of work Afroza does volunteer work for MADE in Europe charity, where she responds to emergency and disaster relief calls. Afroza gained many skills and life experience visiting the SWAT valley in Pakistan and post earthquake in Indonesia last year. Afroza is trained by Global Medic a Canadian organisation on water purification units and mobile hospital.

Afroza is also involved in campaigning and fundraising two recent project that she has embarked upon is working alongside Water Aid and raising social justice issues in relation to Fair Trade within her local community. Afroza's bubbly and outgoing attitude allows her to explore many avenues from trying out different restaurants to enjoying a night out at a west end theatre. Afroza comes from a family of nine brothers and sisters and the family extends with nephews and nieces, so with a single patient in the chair at a time she can only provide her undivided attention.